



ACRRM

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Fellowship Education Program

Face-to-Face Workshop - Semester A - 2024

Resource list

Day 1

Oral health and dental emergencies

Corticosteroid injections and joint aspirations

Splinting and slings workshop

Hand and nail bed injuries

Day 2

Team building and communication

Newborn examination: Baby check

Paediatric and Neonatal Resuscitation

Travel Medicine

NGT Insertion

Major incident management

ToothSOS

app covering tooth trauma – really useful and easy to follow app



Android



Apple

International Association of Dental Traumatology

[Dental Trauma Guidelines 2020](#)

eTG

A guide to diagnosing acute dental pain and suggestions for initial management by medical practitioner

“Management of Dental Pain in Primary Care” Australian Prescriber Volume 43 Number 2 April 2020

[Management of dental pain in primary care \(nps.org.au\)](https://www.nps.org.au)

Joint injection videos

Knee

- [Knee Joint Aspiration or Arthrocentesis for Septic Knee – YouTube](#)
- [Painfree](#)
- [Intra-articular Injection of Knee - YouTube](#)

Ankle/Foot

- [Ankle Joint Injection/ Aspiration Technique – YouTube](#)
- [Plantar](#)
- [Fascitis](#)
- [Injection Technique - YouTube](#)

Shoulder

- [Subacromial Injection for Shoulder Impingement - YouTube](#)

Elbow

- [Elbow Arthrocentesis - YouTube](#)

Information on the proficiency of universal precautions and aseptic techniques

- [Home \(antt.org\)](#)
- [Aseptic technique | Australian Commission on Safety and Quality in Health Care](#) particularly the guideline: <https://www.safetyandquality.gov.au/publications-and-resources/resource-library/principles-aseptic-technique-information-healthcare-workers>

Proficiency in injecting a local anaesthetic safely

- [PS37-Guideline-for-health-practitioners-administering-local-anaesthesia \(anzca.edu.au\)](#)
- [A users guide for reducing the pain of local anaesthetic administration | Emergency Medicine Journal \(bmj.com\)](#)
- [Local anaesthetic systemic toxicity | BJA Education | Oxford Academic \(oup.com\)](#)
- [Management of severe local anaesthetic toxicity | Association of Anaesthetists](#)
- [Clinical Practice Guidelines : Local anaesthetic poisoning \(rch.org.au\)](#)

Experience in gaining informed consent

- [Fact Sheet for clinicians- Informed consent in health care \(safetyandquality.gov.au\)](#)
- [RACGP - Capacity to consent to treatment](#)

Pre-reading

- [Principles of aseptic technique: Information for healthcare workers | Australian Commission on Safety and Quality in Health Care](#)
 - [PG37\(A\)-Guideline-for-health-practitioners-administering-local-anaesthesia-\(PS37\) \(anzca.edu.au\)](#)
 - [Informed Consent - Fact sheet for clinicians | Australian Commission on Safety and Quality in Health Care](#)
 - [Management of severe local anaesthetic toxicity | Association of Anaesthetists](#)
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Further information

- [DermNet | Dermatology Resource \(dermnetnz.org\)](#)
- [Local Anesthetic Toxicity - PubMed \(nih.gov\)](#)

Hand and nail bed injuries

Pre-reading

- [Principles of aseptic technique: Information for healthcare workers | Australian Commission on Safety and Quality in Health Care](#)
- [PG37\(A\)-Guideline-for-health-practitioners-administering-local-anaesthesia-\(PS37\) \(anzca.edu.au\)](#)
- [Informed Consent - Fact sheet for clinicians | Australian Commission on Safety and Quality in Health Care](#)
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Extra reading

- [Active Listening - StatPearls - NCBI Bookshelf \(nih.gov\)](#)
 - [Communication Skills in Healthcare: A Guide to Practice \(ausmed.com\)](#)
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Videos

- <https://youtu.be/GehHk-vDsUc>
 - <https://youtu.be/x55JceV4ITM>
 - <https://youtu.be/Lw3hHc7cMWA>
 - [Beyond the Checklist: What Else Health Care Can Learn from Aviation Teamwork and Safety - Bing video](#)
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Patient death

- Patient death due to missed handover <https://youtu.be/ssWSoN00yxI>
- Patient death due to lack of situation awareness, communication failure to escalate and failure to resuscitate <https://youtu.be/CsplrIJ2bd4>
- SBAR: ineffective communication <https://youtu.be/CtdNQ-sfKg8> - (bad)
- <https://youtu.be/fsazEArBy2g> - (good)

Newborn examination: Baby check

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Mental Health

- [Gidget Foundation - Perinatal Anxiety and Depression](#)
 - [PANDA | Support that's always there, for you and your family](#) 1300 726 306
 - [COPE: Centre of Perinatal Excellence](#) (Support for emotional health of new parents)
 - Beyond Blue 1300 224 636
 - Lifeline 13 11 14
 - MensLine 1300 78 99 78 – “[Being a dad | MensLine Australia](#)” section on their website
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Sleep, settling, feeding

- [Pregnancy, birth & baby](#) (maternal child health nurses) 1800 882 436
 - [Raising Children's Network](#)
 - [PURPLE crying](#)
 - [Karitane](#) 1300 227 464
 - Tresilian 1300 272 736
 - [Australian Breastfeeding Association](#) 1800 686 268
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Child development

- Bright Tomorrows app
- [Raising Children's Network](#) website

Paediatric and Neonatal Resuscitation

ARC website

- [ARC Home - Australian Resuscitation Council](#)
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Really useful (and practically transferable) podcast/presentation from Gold Coast Intensivist Michaela Cartner, about how she thinks about running a resuscitation.

- <https://smacc.net.au/2015/01/cartner-michaela-cardiac-surgery-then-cardiac-arrest/>

Web References

- [Home - Fit for Travel](#)
- [NaTHNaC - Home \(travelhealthpro.org.uk\)](#)
- [Homepage | Smartraveller](#)

Resources as listed in slide presentation (at end of presentation, last 3 slides)

- FitForTravel <https://www.fitfortravel.nhs.uk/home>
- NaTHNaC <https://travelhealthpro.org.uk/>
- WHO
- CDC
- Manual of Travel Medicine third edition. Yung et al, IP Communications, Melbourne, 2011
- [Smart Traveller https://www.smartraveller.gov.au/](https://www.smartraveller.gov.au/)
- History of vaccines in Australia
- <http://ncirs.org.au/health-professionals/history-immunisation-australia>
- <https://www.racgp.org.au/afp/2017/june/travelling-safely-to-places-at-high-altitude-understanding-and-preventing-altitude-illness/>
- Yellow Fever New training requirements for YF vaccine providers
- https://www.health.qld.gov.au/_data/assets/pdf_file/0035/734885/yf-info-vacc-centres-providers.pdf
- [Dengue https://www.healthmap.org/dengue/en/](https://www.healthmap.org/dengue/en/)
- Zika <https://wwwnc.cdc.gov/travel/page/zika-information>
- Japanese Encephalitis - JE in Northern Australia <https://www.rcpa.edu.au/getattachment/26f20b6b-e50d-47f6-9262-68692b9f2c45/Prof-John-Mackenzie-Japanese-encephalitis-in-north.aspx>
- Australian Immunisation handbook <https://immunisationhandbook.health.gov.au/vaccine-preventable-diseases>
- Tropimed <https://www.tropimed.com/en/index.html#&panel1-3>
- The pre-travel consultation <https://www.racgp.org.au/afpbackissues/2007/200705/200705gherardin.pdf>
- Vaccine schedules by country <https://mvec.mcri.edu.au>

References

- [History of immunisation in Australia | NCIR](#)
- [Vaccine preventable diseases | The Australian Immunisation Handbook \(health.gov.au\)](#)

Web References

- [Clinical Practice Guidelines : Lumbar puncture \(rch.org.au\)](#)
- [CSF analysis • LITFL • CCC Investigations](#)

Major incident management

Extra reading

[Mass Casualty Triage – Smart Triage Packs \(nsw.gov.au\)](#)

Online

[EM3: East Midlands Emergency Medicine Educational Media](#)