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ACRRM  
Fellowship Education Program  
Semester A

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## Module 1 - Chronic disease

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### Information about Chronic disease

Chronic diseases are an ongoing cause of substantial ill health, disability and premature death, generally characterised by their long-lasting and persistent effects. Many people with chronic conditions do not have a single, predominant condition, but rather they experience multimorbidity - the presence of two or more chronic conditions in a person at the same time.

Multimorbidity can make treatment more complex and places a heavy demand on Australia's health care system. A key focus of the Australian health system is the prevention and better management of chronic conditions to improve health outcomes.

According to the report [Australia's health 2022](#), almost half of Australians (47%, or 11.6 million people) were estimated to have one or more of the 10 selected chronic conditions in 2020–21 (ABS 2022a).

Mental or behavioural conditions; back problems; and arthritis were the most common of the 10 selected chronic conditions.

Based on self-reported information from the 2020–21 NHS, it was estimated that about:

- 5.0 million (20%) people had a mental or behavioural condition, which was the most commonly reported chronic condition for both males and females.
- 3.9 million (16%) had back problems, which include sciatica, disc disorders, and curvature of the spine.
- 3.1 million (12%) had arthritis, with females (15%) more likely than males (10%) to have the condition

The following list of chronic diseases are listed in the [Rural Generalist Curriculum](#) under Learning Area 15, Chronic Disease:

ischaemic heart disease	arthritis
stroke	osteoporosis
lung cancer	asthma
colorectal cancer	chronic obstructive pulmonary disease
depression	chronic kidney disease
type 2 diabetes	

The most recent [General Practice Insights Report](#) found that:

- Hypertension was the most common selected condition recorded during 2020–21 for patients seen by GPs in MedicineInsight practices (6.0% of patients), followed by anxiety (5.5%) and depression (5.1%).

The [General Practice Health of the Nation 2020](#) report outlined that there was a significant shift in preventative health in 2020, increasing from 18% in 2019 to 56% in 2020. This was attributed to the greater number of flu vaccinations provided in 2020 compared to other years, to avoid extra stress on the health system during the COVID-19 pandemic. While there was an increase in vaccination, it is likely health screening decreased as patients avoided presenting for usual care.

Optimum management of chronic disease involves lifestyle, socioeconomic considerations, and expensive drug treatments.

## Type 2 diabetes

[Diabetes Australia](#)

[Diabetes, How many Australians have diabetes? - Australian Institute of Health and Welfare \(aihw.gov.au\)](#)

[Management-of-type-2-diabetes-A-handbook-for-general-practice.aspx](#)

[Queensland Health, Royal Flying Doctor Service Australia \(Queensland Section\) and Apunipima Cape](#)

[York Health Council - Chronic Conditions Manual: Prevention and Management of Chronic Conditions in Australia](#)

[Healthy diet for diabetes | Diabetes Australia](#)

[Exercise & diabetes - Diabetes Australia](#)

[Type 2 diabetes, explained - NPS MedicineWise](#)

[The Australian Type 2 Diabetes Risk Assessment Tool \(AUSDRISK\) | Australian Government Department of Health and Aged Care](#)

[CVD Check](#)

[Diabetes Australia - Type 2 diabetes risk calculator](#)

[NPS Medicinewise - Type 2 diabetes: when metformin is not enough](#)

[NPS Medicinewise - Pharmacological therapies in Australia for type 2 diabetes](#)

[National diabetes services scheme \(NDSS\)](#)

[Risk Calculator - Diabetes Australia](#)

[Diabetes UK - Evidence-based nutrition guidelines for the prevention and management of diabetes](#)

[Evidence Alerts - Intensive glucose control](#)

[Australia Diabetes Educators Association - Information sheets](#)

[Kidney Health Australia - Chronic kidney disease management handbook](#)

[Driving with diabetes | Diabetes Australia](#)

[Treatment Management Plans \(diabetessociety.com.au\)](#)

[Insulin delivery devices - Australian Prescriber \(nps.org.au\)](#)

[Insulin fact sheet – NDSS](#)

[ADE | Sick day management: Updated ADEA resources](#)

## Absolute CVD risk

[Queensland Health, Royal Flying Doctor Service Australia \(Queensland Section\) and Apunipima Cape](#)

[York Health Council - Chronic Conditions Manual: Prevention and Management of Chronic Conditions in Australia](#)

[Heart Foundation - Absolute CVD risk clinical guidelines](#)

[Heart Foundation - Absolute cardiovascular disease risk management - tables](#)

[NVDPA - Australian absolute cardiovascular disease risk calculator](#)

[CVD Check : Health Professionals](#)

[MBS-Factsheet-D2.pdf \(heartfoundation.org.au\)](#)

[Heart Foundation - Guideline for the diagnosis and management of hypertension in adults, 2016](#)

[Australian Institute of Health and Welfare \(AIHW\) - Abnormal blood lipids \(dyslipidaemia\)](#)

Fodor G. (2008). [Primary prevention of CVD: treating dyslipidaemia](#) - BMJ clinical evidence, 2008, 0215

[Better Health Channel - Patient handouts](#) (topics include cholesterol, cholesterol - healthy eating tips, heart disease and food, triglycerides)

[Kidney Health Australia - Chronic kidney disease management handbook](#)

## Osteoporosis

[Healthy Bones Australia - Prevention and treatment of osteoporosis](#)

[RACGP and Osteoporosis Australia - Osteoporosis guidelines](#)

[Queensland Health, Royal Flying Doctor Service Australia \(Queensland Section\) and Apunipima Cape](#)

[York Health Council - Chronic Conditions Manual: Prevention and Management of Chronic Conditions in Australia](#)

[Chronic musculoskeletal conditions, Osteoarthritis - Australian Institute of Health and Welfare \(aihw.gov.au\)](#)

[Screening could prevent a quarter of hip frac | EurekAlert!](#)

[Bisphosphonates - clinical applications in osteoporosis - Australian Prescriber \(nps.org.au\)](#)

[Calcium and vitamin D supplementation](#)

[Osteoarthritis - complications, treatments and diagnosis | healthdirect](#)

[Jean Hales organisation <https://jeanhailes.org.au>](#)

[NPS Medicinewise - Bone health action plan](#)

[NPS Medicinewise - Recognising those at risk > Minimal trauma fracture increases the risk of future fractures](#)

[WHO Fracture Risk Assessment Tool \(FRAX\)](#)

[Garvan Fracture Risk Calculator](#)

## General

[PHN Northern Queensland - Health assessment and chronic disease management: finding your way through the maze](#)

[PHN Northern Queensland - Medicare Benefits Schedule \(MBS\) flowchart for chronic disease: Aboriginal and Torres Strait Islander](#)

## Module 2 - Musculoskeletal conditions

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### Information about Musculoskeletal conditions

Musculoskeletal conditions are conditions of the bones, muscles and connective tissues. Chronic musculoskeletal conditions are large contributors to illness, pain and disability in Australia. 1 in 6 Australians (16%) had back problems in 2017-18, and musculoskeletal conditions accounted for 7.0% of all hospitalisations in 2020-21 ([AIHW, 2023](#)).

In 2022, musculoskeletal presentations were the second most commonly reported reason for patient presentations to GPs ([Health-of-the-Nation.pdf.aspx \(racgp.org.au\)](#)).

In 2018-19, more money was spent on managing musculoskeletal disorders, including back problems, than any other category of disease, condition or injury in Australia. ([Low Back Pain Clinical Care Standard | Australian Commission on Safety and Quality in Health Care.](#))

## Lower back pain

- Almedia, M., Saragiotto, B., Richards, B., & Maher, C. (2018). [Primary care management of non-specific low back pain: key messages from recent clinical guidelines](#). *Medical Journal of Australia*, 208(6), 272-275
- Bardin, L., King, P., & Maher, C. (2017). [Diagnostic triage for low back pain: a practical approach for primary care](#). *Medical Journal of Australia*, 206(6), 268-273
- [Keele University - STarT Back Screening Tool](#)
- Maher, C., Williams, C., Lin, C., & Latimer, J. (2011). [Managing low back pain in primary care](#). *Australian Prescriber*, 34, 128-132
- Murtagh, J. (2012). *John Murtagh's General Practice 5th Edition*. Sydney: McGraw Hill
- Murnion, B. (2018). [Neuropathic pain: current definition and review of drug treatment](#). *Australian Prescriber*, 41, 60-63

## Paediatric MSK

- McRae, R., & Esser, M. (2008). *Practical Fracture Treatment*, 5th Edition. Elsevier
- [Raising Children](#) – an excellent resource for parents and for parent information which is easy to use in consultations and great to refer parents to at home.
- [The Royal Children's Hospital](#) (RCH) Melbourne

## Upper limb

- Brun, S. (2012). [Shoulder injuries: Management in general practice](#). *Australian Family Physician*, 41(4), 217-220
- John Murtagh's General Practice (textbook)
- NPS (2018). [Non-traumatic shoulder pain in general practice](#)

## Worker's compensation and return to work

- [RVTS 4 GPs - Worker's compensation and return to work](#)

## Lower limb

- Avant. (2018). [The serious implications of missing compartment syndrome](#).
- Cochrane Review. (2014). [Platelet-rich therapies for musculoskeletal soft tissue injuries](#).
- Fallon, K. (2020). [Overuse injuries in the athlete](#). *Australian Journal of General Practice*, 49(1-2).
- Huguenin, L. (2016). [Paediatric sports injuries](#). *Australian Family Physician*, 45(7), 466-469.
- Juhn, M.S. (1999). [Patellofemoral pain syndrome: a review and guidelines for treatment](#). *American Family Physician*, 60(7), 2012-2018.
- McPoil, T.G. et al. (2008). [Clinical Practice Guidelines: Heel pain – Plantar fasciitis](#). *Journal of Orthopaedic & Sports Physical Therapy*, 38(4), A1-A18.
- MDA National. (2018). [A case of compartment syndrome](#).
- Musculoskeletal Australia. (2018). [Baker's cyst patient handout](#)
- Neufeld, S.K. & Cerrato, R. (2008). Plantar fasciitis: Evaluation and treatment. *Journal of the American Academy of Orthopaedic Surgeons*, 16(6), 338-346.
- Nickson, C. (2019). [Compartment syndrome](#). *Life in the Fast Lane*.
- Rio, E., Mayes, S. & Cook, J. (2015). [Heel pain: a practical approach](#). *Australian Family Physician*, 44(3), 96-101.
- Samra, D.J. & Orchard, J.W. (2015). [Patterns of platelet-rich plasma use among Australasian sports physicians](#). *BMJ Open Sport & Exercise Medicine*, 1:e000054.
- Schwartz, E.N. & Su, J. (2014). [Plantar fasciitis: a concise review](#). *The Permanente Journal*, 18(1), e105-e107.
- Tahririan, M.A., Motifard, M., Tahmasebi, M.N., & Siavashi, B. (2012). [Plantar fasciitis](#). *Journal of Research in Medical Sciences*, 17(8), 799-804.
- Tu, P. (2018). [Heel pain: diagnosis and management](#). *American Family Physician*, 97(2), 86-93.
- Willy, R. et al. (2019). [Patellofemoral pain: Clinical practice guidelines](#). *Journal of Orthopaedic and Sports Physical Therapy*, 49(9), CPG1-CPG95.

## Module 3 - Women's health

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### Information about Women's health

In 2018, just over half (51%) of the country's population was female. The typical Australian female is 38.1 years old, lives in a major city, is employed and has a non-school qualification. The density of the female population varies across the country. According to the 2016 ABS Census, males outnumber females in outer regional, remote and very remote areas. ([AIHW 2019](#)).

The average age of all women who gave birth in Australia continues to rise: from 29.9 years in 2007, to 30.6 years in 2017 ([AIHW 2019](#)). Based on the ABS Patient Experiences Survey, 9 in 10 Australian females visited a general practitioner in the previous 12 months. Providing care for female patients in a primary health care setting is an important part of the scope of practice of a rural generalist.

## Vulval health

Jean Hailes webinar - [Common vulval conditions: all that itches is not thrush.](#)

Jean Hailes webinar - [How to talk about vulval health](#)

Jean Hailes webinar - [Why ask about vulval health?](#)

Women's Health Victoria - [Labia library](#)

## PCOS and infertility

Jean Hailes [active learning modules](#)

Jean Hailes - [Fertility and preconception care](#)

Jean Hailes - [PCOS: an updated overview](#)

Jean Hailes - [Pelvic floor exercises](#)

Pelvic Floor First - [Working your pelvic floor](#)

Teede et al. (2018). [Translation and implementation of the Australian-led PCOS guideline: clinical summary and translation resources from the International Evidence-based Guideline for the Assessment and Management of Polycystic Ovary Syndrome.](#) *MJA*, 209(7), S3-S8. doi: 10.5694/mja18.00656

## Urinary incontinence

Arnold, J., McLeod, N., Thani-Gasalam, R., & Rashid, P. (2012). Overactive bladder syndrome: Management and treatment options. *Australian Family Physician*, 41, 878-883.

Continence Foundation of Australia - [Bladder diary](#)

Kim, S., Liu, S. & Tse, V. (2014). Management of urinary incontinence in adults. *Australian Prescriber*, 37, 10-3. doi:10.18773/austprescr.2014.003

Kuteesa, W. & Moore, K.H. (2006). [Anticholinergic drugs for overactive bladder.](#) *Australian Prescriber*, 29, 22-4. doi: 10.18773/austprescr.2006.012

## Prolapse

Dietz, H. P. (2015). [Pelvic organ prolapse - a review.](#) *Australian Family Physician*, 44(7), 446-452.

[Jean Hailes - Prolapse](#)

Safer Care Victoria - [Transvaginal mesh complications](#)

## Abnormal vaginal bleeding

[RANZCR | Cancer Australia - Abnormal Vaginal Bleeding : Diagnostic Guide](#)

## Sexual problems

Goodwach, R. (2017). [Let's talk about sex,](#) *Australian Family Physician*, 46(1), 14-18

Jean Hailes webinar - [Let's talk about sex: midlife sexual function](#)

Jean Hailes webinar - [Managing sexual pain: a multidisciplinary approach](#)



## Contraception

Australian Medicines Handbook chapter on "Contraception"

[Contraception Australia](#)

eTherapeutic Guidelines chapter on "Contraception"

[Family Planning NSW](#)

[Family Planning Queensland](#)

[Family Planning Tasmania](#)

[Family Planning Victoria](#)

[Family Planning Welfare Association of the Northern Territory](#)

[Health Direct](#)

[Jean Hailes Yarning about contraception handout](#)

[Sexual Health and Family Planning ACT](#)

[Sexual Health Information Networking & Education SA](#)

## Postpartum issues

[Australian Breastfeeding Association](#)

[Edinburgh Postnatal Depression Scale](#)

National Diabetes Service Scheme (NDSS) - [Gestational diabetes](#)

[Pregnancy, birth and baby](#)

[Raising Children Network](#)

The Faculty of Sexual and Reproductive Healthcare Guideline - [Contraception after pregnancy](#)

The Royal Women's Hospital - [Your health after birth](#)

## Module 4 - Aged care

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### Information about Aged care

Aged care is one of the [new curriculum learning areas](#) and is becoming ever more important as the population in Australia ages. Australia's older generation (those aged 65 and over) continues to grow and is projected to more than double by 2057. In 2016, 15% of Australians (3.7 million) were aged 65 and over. \$23.6 billion was spent by governments on aged care between 2020-2021. ([Home - AIHW 2023](#))

Around 2 in 3 people using aged care as of June 2021 were women.

Indigenous Australians represented 2.7% of people using the most frequently used mainstream aged care services (residential care, home care, home support, transition care) where Indigenous status was known. 41% of Indigenous Australians using home support, 28% using home care, and 20% using permanent residential aged care were aged under 65.

([Australian Institute of Health and Welfare, 2023](#))

The Royal Commission into Aged Care Quality and Safety was recently published and can be found here <https://agedcare.royalcommission.gov.au/publications/final-report>. The report came up with 148 recommendations around the care and management of the aged both now and into the future.

There is information on 'People's care needs in aged care' that can be found here at [People's care needs in aged care - AIHW Gen \(gen-agedcaredata.gov.au\)](#).

Falls are the most common cause of hospitalised injury and injury death among people aged 65 and over in Australia ([Falls in older Australians 2019–20: hospitalisations and deaths among people aged 65 and over, About - Australian Institute of Health and Welfare \(aihw.gov.au\)](#)).

## Cognitive impairment, dementia and advance care planning

[Advance Care Planning Australia](#)

Advance Care Planning Australia - [Find forms and requirements for your area](#)

Cognitive Decline Partnership Centre - [Clinical guidelines for dementia](#)

Cognitive Decline Partnership Centre - [Clinical practice guidelines and principles of care for people with dementia](#)

Cognitive Decline Partnership Centre - [A consumer companion guide to the clinical practice guidelines and principles of care for people with dementia](#)

Dementia Australia - [Assessment process for dementia diagnosis](#)

Dementia Australia - [The Rowland universal dementia assessment scale \(RUDAS\)](#)

Dementia Australia - [Tests used in diagnosing dementia \(patient info sheet\)](#)

Dementia Australia - [What is dementia?](#)

Dementia Australia - [Progression of dementia](#)

Dementia Australia - [How is dementia treated?](#)

Dementia Australia - [Kimberley Indigenous cognitive assessment \(KICA\)](#)

Dementia Collaborative Research Centres - [General practitioner assessment of cognition \(GPCOG\)](#)

Dementia Collaborative Research Centres - [GPCOG | Investigations for memory loss](#)

Dementia Collaborative Research Centres - [14 essentials for good dementia care in general practice](#)

Health.Vic - [Clock drawing test](#)

IHPA - [Mini-mental state exam \(MMSE\)](#)

Laver et al (2016). [Clinical practice guidelines for dementia in Australia](#). *MJA*, 204(5).

## Deprescribing and nursing homes

Australian Government Department of Health - [Medicare Benefits Schedule \(MBS\) Comprehensive medical assessment \(CMA\) for residents of residential aged care facilities \(RACF\)\(check list\)](#)

Le Couteur, D., Gnjjidic, D. & McLachlan, A. (2011). [Deprescribing](#). *Australian Prescriber*, 34,182-5.

[RACGP aged care clinical guide \(Silver Book\) - Part A. Deprescribing](#)

RACGP - [Medical care of older persons in residential aged care facilities \(Silver Book\)](#)

The University of Sydney | NHMRC | Bruyère Research Institute. (2018). [Evidence-based clinical practice guideline for deprescribing cholinesterase inhibitors and memantine](#)

## 75+ health check

Australian Government - [Carer gateway](#)

Australian Government - [My Aged Care | For health professionals](#)

Australian Government Department of Health - [Medicare health assessment for older persons \(75+\) \(proforma\)](#)

Australian Government Department of Health - [Medicare Benefits Schedule \(MBS\) Comprehensive medical assessment \(CMA\) for residents of residential aged care facilities \(RACF\)\(check list\)](#)

Australian Government Department of Health - [Physical activity recommendations for older Australians](#)

Australian Government Department of Health - [Australia's physical activity and sedentary behaviour guidelines: Tips and ideas for older Australians \(65 years and older\)](#)

Australian Government Department of Health - [Zostavax vaccine screening form for contraindications](#)

Australian Immunisations Handbook - [Zoster \(herpes zoster\)](#)

Aust Roads | National Transport Commission - [The Australian assessing fitness to drive guidelines](#)

MBS items [701](#) (brief), [703](#) (standard), [705](#) (long) or [707](#) (prolonged)

NPS MedicineWise - [Choosing wisely Australia](#)

RACGP - [Guidelines for preventive activities in general practice \(Red Book\)](#)

RACGP - [Prescribing drugs of dependence](#)

Waldron, N., Hill, A. & Barker, A. (2012) [Falls prevention in older adults: Assessment and management](#) *Australian Family Physician*, 41(12), 930-935.

Vic roads - [Ageing and safe driving](#)

## Capstone webinar

[National Heart Foundation of Australia and the Cardiac Foundation of Australia and New Zealand: Australian clinical guidelines for the diagnosis and management of atrial fibrillation 2018](#)

## Module 5 - Child and adolescent health

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### Information about Child and adolescent health

Welcome to the Child and Adolescent Health module. This forms a large and important part of the ACRRM curriculum and a large proportion of the workload for any rural generalist. Here are some interesting statistics (good and bad!) from the Australian Institute of Health and Welfare (AIHW) to consider:

- 93% of Australian children were fully immunised by the time they started school in 2015
- 26% of children aged 5–14 are overweight or obese
- 2.5% of children aged 5–14 eat enough fruit and vegetables
- 130,000 children and young people were hospitalised because of an injury in 2017-18. The most common cause of hospitalised injury among children and young people was a fall of some type (commonly due to playground equipment including trampolines and climbing apparatus).

### Source:

- [Children & youth Overview - Australian Institute of Health and Welfare \(aihw.gov.au\)](https://www.aihw.gov.au/children-youth/overview)
- [Hospitalised injury in children and young people, 2017–18, Summary - Australian Institute of Health and Welfare \(aihw.gov.au\)](https://www.aihw.gov.au/hospitalised-injury-in-children-and-young-people-2017-18-summary)

## Respiratory illnesses in children

[Australasian Bronchiolitis Guideline – PREDICT](#)

National Asthma Council Australia - [Australian Asthma Handbook](#)

National Asthma Council Australia - [Asthma action plan templates](#)

National Asthma Council Australia - [HP First Aid for Asthma Children Under 12](#)

RCH - [Bronchiolitis patient handout](#)

RCH - Clinical Practice Guidelines: [Asthma acute](#)

RCH - Clinical Practice Guidelines: [Community acquired pneumonia](#)

RCH Immigrant Health Service - [Tuberculosis screening](#)

Stuckey-Schrock, K., Hayes, B. & George, C. (2012). [Community acquired pneumonia in children](#). *Am Fam Physician*, 86(7), 661-667.

Wurzel, D., Marchant, J. & Chang, A. (2014). [Drug treatments of childhood coughs](#). *Aust Prescr*, 37,115-9.

## Abdominal pain in children

John Murtagh's General Practice Seventh Edition - Constipation in children, p. 467

The Royal Children's Hospital Melbourne - [Clinical Practice Guidelines: Abdominal Pain - Acute](#)

The Royal Children's Hospital Melbourne - [Clinical Practice Guidelines: Constipation](#)

## Common rashes in children

Australian Government Department of Health - [Australian Immunisation Handbook: Vaccine preventable diseases](#)

Australian Government Department of Health - [National immunisation program schedule](#)

[DermNet NZ - Specific viral exanthems](#)

John Murtagh's General Practice - 7th Edition

Kimberley Aboriginal Medical Services Council. (2014). [Skin infections](#)

The Royal Children's Hospital Melbourne - [Clinical Practice Guidelines](#)

## Headache in children

Australian Doctor. (2017). [How to treat headaches in children](#)

Kacperski, J., Kabbouche, M., O'Brien, H. & Weberding, J. (2016). [The optimal management of headaches in children and adolescents](#). *Ther Adv Neurol Disord*, 9(1), 53–68. doi: 10.1177/1756285615616586

Sixsmith, E. & Starr, M. (2015). [Managing childhood migraine](#). *Australian Family Physician*, 44(6), 356-359.

Perth Children's Hospital. (2018). [Emergency Department Guidelines - Headache](#)

Therapeutic Guidelines – has a section on 'Migraine in children'

## Rare causes of headache in children

Australian Doctor. (2017). [How to treat headaches in children](#).

Blume, K. (2012). [Pediatric headache: A review](#). *Pediatrics in Review*, 33(12)

International Headache Society. (2018). [The International Classification of Headache Disorders, 3rd edition \(ICHD-3\), Headache Classification Committee of the International Headache Society \(IHS\)](#)

## Resources for patients

Headache Australia Links to an external site.

Murtagh's handouts on migraine and tension headache

Therapeutic Guidelines handout 'Beneficial habits for people with migraine'

The Royal Children's Hospital Melbourne, (2018). [Headaches](#)

The Royal Children's Hospital Melbourne, (2018). [Migraine headaches](#)

## **Newborn issues and the six-week check**

Australian Breastfeeding Association ([specific article on tongue tie](#))

Breastfeeding support programs for clinicians and mothers at [Possums online](#)

Breastfeeding – [common problems on Royal Children's Hospital guidelines](#)

Maternity Matters - [Tongue tie](#)

MSD Manual - [Evaluation and care of the normal neonate](#)

[Purple Crying](#)

Queensland Health - [Maternity and neonatal clinical guideline | Routine newborn assessment](#)

[Raising Children Network](#)

RCH Clinical Practice Guidelines - [Jaundice in early infancy](#)

RCH Clinical Practice Guidelines - [Unsettled or crying baby \(Colic\)](#)

The Royal Women's Hospital Victoria - [Tounge tie](#)

## **From the webinar**

[Validity of Kessler Psychological Distress Scale \(K10\) in children and adolescents](#)

[What works in youth suicide prevention? A systematic review and meta-analysis](#)

## **Aboriginal and Torres Strait Islander resources (from the discussion forums)**

### **Growth faltering**

[Child development concerns \(0-5 years\) | RPHCM \(remotephcmmanuals.com.au\)](#)

[Child and Adolescent Health Service | CAHS - Aboriginal child health resources](#)

[RACGP - National guide to a preventive health assessment for Aboriginal and Torres Strait Islander people](#)

[Kimberley Clinical Protocols – Growth Faltering](#)

[The Royal Children's Hospital Melbourne Clinical Practice Guidelines – Poor Growth](#)

### **Nutrition and other child health resources**

[ARF RHD guidelines](#)

[Clinical Protocaols and Guideleines - KAHPE:](#)

Child Health including; Anaemia, Ear Problems, Cough, Healthy Kids, Sick Kids, Skin infection.

Chronic disease including; RHD, parasites.

[Department of Health 'Get Up and Grow' Resources for Aboriginal and Torres Strait Islander childcare educators, families and carers](#)

[NHMRC Aboriginal and Torres Strait Islander Guide to Healthy Eating](#)

[Nutrition-Review-Bulletin-2018\\_Final.pdf \(healthbulletin.org.au\)](#)

[Preventing growth faltering among Australian Indigenous children: implications for policy and practice, MJA 2008](#)

