



ACRRM

ACRRM
Fellowship Education Program
Semester C - 2024

Resource list

[Module 1 - Mens Health](#)

[Module 2 - Dermatology](#)

[Module 3 - Surgery](#)

[Module 4 - Preventative and Population Health](#)

[Module 5 - Emergency](#)

Module 1 - Mens Health

Sections cover Addiction and occupational health, lower urinary tract symptoms (LUTS) and prostate problems, testicular torsion and ACRRM courses on rural sexual health.

Addiction and occupational health

[ACRRM Online Learning - Rural Doctors Family and Domestic Violence Education Package](#)

[Australian Sexual Health Alliance - How to take a sexual history](#)

[RACGP White Book - Chapter 13: Violence and the law](#)

Lower urinary tract symptoms (LUTS) and prostate problems

[Australian STI Management Guidelines](#)

[Cancer Council Australia \(2016\) - Optimal care pathway for men with prostate cancer](#)

[Clinical Practice Guidelines on PSA Testing](#)

[Healthy Male \(Andrology Australia\) \(March 2018\) – Prostate disease clinical summary](#)

[Jiwrajka et al \(2018\) - Drugs for benign prostatic hypertrophy](#)

[NHMRC \(2014\) - PSA testing for prostate cancer in asymptomatic men. Information for health practitioners](#)

[RACGP \(2015\) - Prostate cancer screening information sheet for patients](#)

Helpful Patient Resources on LUTS/Prostate Problems

LUTS/BPE

[Australia and New Zealand Urological Nurses Society - Information about continence nurse services](#)

[Continence.org.au – Info for patients and health professionals, including bladder diary](#)

[Healthy Male \(Andrology Australia\) - Patient information on BPE](#)

PSA testing

[Prostate Cancer Foundation of Australia – PSA testing information for patients](#)

[PSA-Testing-Guidelines-Short-Form.pdf \(pcfa.org.au\)](#)

Prostate cancer

[Cancer Council - Prostate cancer](#)

[Cancer Council of Victoria - Prostate cancer](#)

[Healthy Male \(Andrology Australia\) - Prostate cancer](#)

[Prostate Cancer Foundation of Australia](#)

Testicular torsion

[KidsHealth - Testicular torsion \(2017\)](#)

[Geeky Medics - Male genital examination - OSCE guide \(2015\)](#)

[The Royal Children's Hospital Melbourne - Clinical practice guidelines: Acute scrotal pain or swelling \(2017\)](#)

[Healthy Male - Andrology Australia](#)

ACRRM Courses on Rural Sexual Health

[Rural Sexual Health Contact Tracing](#)

[Rural Sexual Health - Introduction & Overview](#)

[Rural Sexual Health STI Testing and Treating](#)

- Arianayagam, M., Arianayagam, R. & Rashid, P. (2011). Lower urinary tract symptoms: Current management in older men. *Australian Family Physician*, 40(10), 758-767. Retrieved from <https://www.racgp.org.au/afp/2011/october/lower-urinary-tract-symptoms>
- Australian Institute of Health and Welfare. (2019). The health of Australia's males: Burden of disease. Retrieved from <https://www.aihw.gov.au/reports/men-women/male-health/contents/how-healthy/burden-of-disease>
- Australian Institute of Health and Welfare. (2019). The health of Australia's males: Who are Australia's males? Retrieved from <https://www.aihw.gov.au/reports/men-women/male-health/contents/who-are-australias-males>
- Australian Medicines Handbook Online. (date unknown). Benign prostatic hyperplasia. Retrieved from <https://amhonline.amh.net.au/auth?page=chapters/genitourinary-drugs/drugs-benign-prostatic-hyperplasia-prostatitis/benign-prostatic-hyperplasia>
- Avant Mutual. (2017). Providing medical information to a third party. Retrieved from <https://www.avant.org.au/news/providing-medical-information/>
- Brett, T. (2011). Prostate specific antigen. *Australian Family Physician*, 40(7), 497-500. Retrieved from <https://www.racgp.org.au/download/documents/AFP/2011/July/201107brett.pdf>
- Cancer Australia. (2020). Prostate cancer - Clinical practice guidelines. retrieved from <https://prostate-cancer.canceraustralia.gov.au/health-professionals>
- Cancer Australia. (2020). Prostate cancer in Australia statistics. Retrieved from <https://prostate-cancer.canceraustralia.gov.au/statistics>
- Cancer Australia. (2020). Prostate cancer. Retrieved from <https://www.cancerpathways.org.au/optimal-care-pathways/prostate-cancer>
- Cancer Council. (2016). Optimal care pathway for men with prostate cancer. Retrieved from <https://www.cancer.org.au/content/ocp/health/optimal-care-pathway-for-men-with-prostate-cancer-june-2016.pdf>
- Cancer Council Australia. (2020). Advanced Prostate Cancer Guidelines Working Party. Clinical practice guidelines for the management of locally advanced and metastatic prostate cancer. Sydney: Cancer Council Australia. [Version URL: <https://wiki.cancer.org.au/australiawiki/index.php?oldid=211995>, cited 2020 Jul 3]. Available from: https://wiki.cancer.org.au/australia/Guidelines:Prostate_cancer/Management/Locally_advanced_and_metastatic.
- Cevik, I., Türkeri, L., Ozveri, H., Ilker, Y. & Akdas, A. (1996). Short-term effect of digital rectal examination on serum prostate-specific antigen levels. A prospective study. *Eur Urol*, 29(4), 403-6. doi: [10.1159/000473787](https://doi.org/10.1159/000473787)
- Continence Foundation of Australia. (2020). Men. Retrieved from <https://www.continence.org.au/pages/men.html>
- Crawford, E., Schutz, M., Clejan, S., et al. (1992). The effect of digital rectal examination on prostate-specific antigen levels. *JAMA*, 267(16), 2227-2228. doi: [10.1001/jama.1992.03480160085039](https://doi.org/10.1001/jama.1992.03480160085039)
- Douville, P. & Cembrowski, G. (1996). DRE-PSA Data Revisited: PSA Sampling Should Precede DREs. *Arch Intern Med*, 156(12), 1352. doi: [10.1001/archinte.1996.00440110124017](https://doi.org/10.1001/archinte.1996.00440110124017)
- Emery, J. & Murphy, D. (2018). Managing prostate cancer in general practice. Retrieved from <https://www.racgp.org.au/download/Documents/VicFaculty/Presentation-Prostate-Cancer.pdf>
- Engel, J.C., Palsdottir, T., Aly, M., Egevad, L., Grönberg, H., Eklund, H. & Nordström, T. (2020) Lower urinary tract symptoms (LUTS) are not associated with an increased risk of prostate cancer in men 50–69 years with PSA ≥ 3 ng/ml. *Scandinavian Journal of Urology*, 54(1), 1-6, DOI: [1080/21681805.2019.1703806](https://doi.org/1080/21681805.2019.1703806)
- European Association of Urology. (2019). EAU Guidelines on Management of Non-Neurogenic Male Lower Urinary Tract Symptoms (LUTS), incl. Benign Prostatic Obstruction (BPO). Retrieved from [Management of Non-neurogenic Male LUTS - INTRODUCTION - Uroweb](#)
- European Association of Urology. (2020). Prostate cancer guidelines. Retrieved from [Prostate Cancer - INTRODUCTION - Uroweb](#)
- Gacci, M., Sebastianelli, A., Spatafora, P., Corona, G., Serni, S., De Ridder, D., Gravas, S., & Abrams, P. (2017). Best practice in the management of storage symptoms in male lower urinary tract symptoms: a review of the evidence base. *Therapeutic advances in urology*, 10(2), 79-92. <https://doi.org/10.1177/1756287217742837>
- General Practice Supervisors Australia. (2018). Lower urinary tract symptoms (LUTS). retrieved from [GPSA - General Practice Supervision Australia | Lower Urinary Tract Symptoms Teaching Plan](#)

- Gerostamoulos, D. (2013). [Abnormal laboratory results - Urinary drug screening](#).
- Australian Prescriber, 36, 62 - 4. doi: 10.18773/austprescr.2013.025
- Government of Western Australia. (2020). Diagnostic Imaging Pathways - [Lower Urinary Tract Symptoms. Retrieved from Lower Urinary Tract Symptoms \(radiologyacrossborders.org\)](#)
- Hayne, D. (2015). Prostate cancer screening. Cancer WA. Retrieved from <https://www.cancerwa.asn.au/resources/2015-08-19-Dickon-Hayne-presentation.pdf>
- Healthy Male (Andrology Australia). (2018). Prostate disease clinical summary. Retrieved from https://www.healthymale.org.au/files/inline-files/Prostate%20Disease_CSG_Healthy%20Male%202019_1.pdf
- International Continence Society Annual Meeting. (2011). Voiding diary: a practice evaluation – workshop handouts. Retrieved from <https://www.ics.org/Workshops/HandoutFiles/000213.pdf>
- Jiwrajka, M., Yaxley, W., Perera, M., Roberts, M., Dunglison, N., Yaxley, J. & Esler, R. (2018). [Review and update of benign prostatic hyperplasia in general practice](#). *Australian Journal of General Practice*, 47(7). doi: 10.31128/AFP-08-17-4292
- Jiwrajka, M., Yaxley, W., Ranasinghe, S., Perera, M., Roberts, M. & Yaxley, J. (2018). [Drugs for benign prostatic hypertrophy](#). *Australian Prescriber*, 41, 150-3. doi: 10.18773/austprescr.2018.045
- Just, J., Osgun, F., & Knight, C. (2018). Lower urinary tract symptoms and prostate cancer: is PSA testing in men with symptoms wise?. *The British journal of general practice: the journal of the Royal College of General Practitioners*, 68(676), 541–542. <https://doi.org/10.3399/bjgp18X699689>
- Katz, D., Love, C. & Chung, E. (2016). Lower urinary tract symptoms and benign prostatic hyperplasia: Old problems, new solutions. *Medicine Today*, 17(11), 14-25. Retrieved from <https://medicinetoday.com.au/sites/default/files/cpd/MT2016-11-014-KATZ.pdf>
- Lechevallier, E., Eghazarian, C., Ortega, J., Roux, F. & Coulangue, C. (1999). Effect of digital rectal examination on serum complexed and free prostate-specific antigen and percentage of free prostate-specific antigen. *Urology*, 54(5),857-61. doi: [10.1016/s0090-4295\(99\)00239-3](https://doi.org/10.1016/s0090-4295(99)00239-3)
- Mining editor. (2016). A FIFO Addiction. *Australasian Mine Safety Journal*. Accessed from <https://www.amsj.com.au/a-fifo-addiction/>
- Moeller, K., Lee, K. & Kissack, J. (2008). Urine drug screening: Practical guide for clinicians. *Mayo Clinic Proceedings*, 83(1), 66-76. doi:[org/10.4065/83.1.66](https://doi.org/10.4065/83.1.66)
- Murtagh, J., Rosenblatt, J., Murtagh, C. & Coleman, J. (2018). *John Murtagh's General Practice*, 7th Edition. Australia: McGraw-Hill.
- NHMRC. (2014). PSA testing for prostate cancer in asymptomatic men: Information for health practitioners. Retrieved from <https://www.nhmrc.gov.au/sites/default/files/documents/reports/clinical%20guidelines/men4d-psa-testing-asymptomatic.pdf>
- Osborne, J., McAuley, S. & McEniery, J. on behalf of the Queensland Paediatric Quality Council. (2018). Multi-incident analysis of testicular torsion clinical incidents in Queensland 2010-2015. International Forum on Quality and Safety in Healthcare Conference, Melbourne, September 2018. Retrieved from <https://www.childrens.health.qld.gov.au/wp-content/uploads/PDF/qpqc/Multi-incident-analysis-testicular-torsion-2010-2015.pdf>
- Pedler, K., Kitzing, Y., Varol, C. & Arianayagam, M. (2015). The current status of MRI in prostate cancer. *Australian Family Physician*, 44(4), 225-230. Retrieved from <https://www.racgp.org.au/afp/2015/april/the-current-status-of-mri-in-%E2%80%A8prostate-cancer/>
- Pharmaceutical Benefits Scheme. (2020). Urologicals. Retrieved from <https://www.pbs.gov.au/browse/body-system?depth=2&codes=g04#g04>
- Prince, D. Pedler, K. & Rashid, P. (2012). Nocturia: A guide to assessment and management. *Australian Family Physician*, 41(6), 399-422. Retrieved from <https://www.racgp.org.au/afp/2012/june/nocturia-a-guide-to-assessment-and-management/>
- Prostate Cancer Foundation of Australia and Cancer Council Australia. (2016). Clinical Practice Guidelines on PSA Testing. Retrieved from <https://www.prostate.org.au/awareness/for-healthcare-professionals/clinical-practice-guidelines-on-psa-testing/>

- RACGP. (2018). Red book: Guidelines for preventive activities in general practice - 9.1 Prostate cancer. 9th edition. Retrieved from <https://www.racgp.org.au/FSDEDEV/media/documents/Clinical%20Resources/Guidelines/Red%20Book/Guidelines-for-preventive-activities-in-general-practice.pdf>
- RACGP. (2015). Prostate cancer screening information sheet for patients. Retrieved from <https://www.racgp.org.au/FSDEDEV/media/documents/Patient%20information/prostate-cancer-screening-infosheet.pdf>
- SAFER. (date unknown). Reporting to the police. Retrieved from <https://www.racgp.org.au/FSDEDEV/media/documents/Patient%20information/prostate-cancer-screening-infosheet.pdf>
https://www.saferresource.org.au/reporting_to_the_police
- Sissons, B. (2018). What to know about urine drug screening. *Medical News Today*. Accessed from <https://www.medicalnewstoday.com/articles/323378>
- The Royal Children's Hospital Melbourne. (2017). Clinical Practice Guidelines - Acute scrotal pain or swelling. Accessed from https://www.rch.org.au/clinicalguide/guideline_index/Acute_scrotal_pain_or_swelling/
- Think GP. (date unknown). Guide: Prostate cancer. Retrieved from <https://www.thinkgp.com.au/guides/guides-prostate-cancer>
- Thuraisingham, C. & Nalliah, S. (2013). The pre-employment medical: Ethical dilemmas for GPs. *Australian Family Physician*, 42(4), 249-251. Retrieved from <https://www.racgp.org.au/afp/2013/april/the-pre-employment-medical/>
- Up To Date. (2020). Screening for prostate cancer. Retrieved from <https://www.uptodate.com/contents/screening-for-prostate-cancer#H3355913205>
- USANZ. (2020). USANZ statement on PCFA clinical practice guidelines on PSA-testing. Retrieved from <https://www.usanz.org.au/info-resources/position-statements-guidelines/usanz-statement-pcfa-clinical-practice-guidelines-psa-testing>
- Woo, H., Gillman, M., Gardiner, R., Marshall, V. & Lynch, W. (2011). [A practical approach to the management of lower urinary tract symptoms among men](#). *Med J Aust*, 195(1), 34-39. doi: 10.5694/j.1326-5377.2011.tb03185.x
- Yoo, S., Park, J., Cho, S. Y., Cho, M. C., Jeong, H., & Son, H. (2018). Usefulness of the frequency-volume chart over the International Prostate Symptom Score in patients with benign prostatic hyperplasia in view of global polyuria. *PLoS one*, 13(7), e0197818. <https://doi.org/10.1371/journal.pone.0197818>

Module 2 - Dermatology

Dermatology is a field where pattern recognition and analysis are critical, so having seen something previously makes it much easier to recognise in the future.

Accurate history taking and examination and a systematic approach are as important as in any other field of medicine, as even the most experienced doctor will have the occasional difficult case where it is necessary to go back to basics.

The diagnosis and management of skin disease makes up a large component of primary care, and GPs must develop diagnostic and surgical skills to deal with this demand.

Importantly, some skin conditions are associated with more systemic illness – some of them potentially life threatening or at least life changing – so these need to be recognised and managed appropriately.

There are 5 self-directed components to engage with in this module namely:

- Skin cancer recognition and treatment
- Conditions of hair and nails
- Conditions associated with systemic illnesses
- Rashes and how to categorise them to aid in diagnosis
- Life-threatening dermatological conditions that should never be missed

Skin Cancer

[DermNet - Actinic keratosis](#)

[Tele-Derm - Condition index](#)

[DermNet - Cutaneous squamous cell carcinoma](#)

[DermNet - Intraepidermal squamous cell carcinoma](#)

[DermNet - Melanoma](#)

Nails, Hair and Immunology

[Nail disorders - DermNet](#)

[Nail terminology - DermNet](#)

[NFI Review Checklist](#)

[Psoriasis: Symptoms, Treatment, Images and More - DermNet \(dermnetnz.org\)](#)

[Psoriasis Area and Severity Index \(PASI\) \(mdcalc.com\)](#)

[Therapeutic Guidelines](#)

Rashes

[All About Acne](#)

[Atopic Eczema Management - Allergy & Anaphylaxis Australia \(allergyfacts.org.au\)](#)

[Clinical Practice Guidelines : Henoch-Schönlein purpura \(rch.org.au\)](#)

[Clinical Practice Guidelines : Kawasaki disease \(rch.org.au\)](#)

[DermnetNZ](#)

[Eczema - Australasian Society of Clinical Immunology and Allergy \(ASCIA\)](#)

[Herpes Zoster - Infectious Diseases - MSD Manual Professional Edition \(msdmanuals.com\)](#)

[Kimberley Aboriginal Forum Planning Guidelines: Skin Infections](#)

[Meningococcal disease | The Australian Immunisation Handbook \(health.gov.au\)](#)

[What are the most common skin conditions? \(with photos\) \(drugs.com\)](#)

Module 3 - Surgery

Knowledge and skills in surgical medicine are considered to be part of the core rural generalist curriculum. Rural and remote communities have been disadvantaged by reduced access to appropriate local surgical services, but a skilled rural generalist can demonstrate elementary surgical skills and competently perform a range of minor surgical procedures and investigations to the benefit of their communities.

In this module, we have selected the following topics from the curriculum to review, including their differentials:

- threatened limb
- anorectal pathology
- painless haematuria
- neurosurgical pathology

Threatened Limb

Azuma, N. (2018). [The diagnostic classification of critical limb ischaemia](#) *Ann Vasc Dis*, 11(4), 449–457.

Broderick, C., Pagnamenta, F. & Forster, R. (2020). [Dressings and topical agents for arterial leg ulcers](#) *Cochrane database of systematic reviews*.

[DermNet NZ - Arterial ulcer](#)

[Medscape - What are the traditional 5 P's of acute ischemia in a limb clinically unreliable for acute compartment syndrome?](#)

[Chronic Limb-Threatening Ischemia | The Foundation to Advance Vascular Cures](#)

[Critical Limb Ischemia | UCSF Department of Surgery](#)

Finn, J. & Lawrence, P. (2018). [Defining anatomy and blood flow in the threatened limb: Rising to the challenge with noninvasive imaging](#). *Circulation: Cardiovascular Imaging*, 11(5)

[Life in the Fast Lane - Extremity injuries](#)

[NHS - Venous leg ulcer](#)

[Teach Me Surgery - Acute limb ischaemia](#)

[Wikipedia - Crush syndrome](#)

Anorectal pathology

<https://www.aci.health.nsw.gov.au/networks/eci/clinical/clinical-resources/clinical-tools/urology/acute-scrotum/fourniers-gangrene>

<https://dermnetnz.org/topics/anal-cancer-images/>

<https://fascrs.org/patients/diseases-and-conditions/a-z/abscess-and-fistula-expanded-information>

<http://www.gpcme.co.nz/pdf/PatrickHemorrhoids.pdf>

Neurosurgical pathology

[ANZCOR Guideline 9.1.6 \(2016\) – Guideline 9.1.6 – Management of Suspected Spinal Injury \(anzcor.org\)](#)

Bardin, L., King, P., & Maher, C. (2017). [Diagnostic triage for low back pain: a practical approach for primary care](#). *Medical Journal of Australia*, 206(6), 268-273.

Core EM - [New Orleans Head CT Criteria](#)

Knibbs, J. (2015) - [Hard collars out of C-spine trauma guidelines](#)

Kupperman, N. et al. (2009). [Identification of children at very low risk of clinically-important brain injuries after head trauma: a prospective cohort study](#). *The Lancet*, 374(9696), 1160-1170

Life in the Fast Lane - [Traumatic brain injury \(TBI\) overview](#)

Life in the Fast Lane - [Traumatic brain injury \(TBI\) management](#)

Queensland Children's Hospital (2019) - [Head injury: Emergency management in children - flowchart](#)

Queensland Children's Hospital (2019) - [Head injury: Emergency management in children - guideline](#)

NSW Govt Agency for Clinical Innovation (2018) - [Use of foam collars for cervical spine immobilisation: Initial management principles](#)

Sunshine Coast Hospital and Health Service. (2016). [Mild head injury advice | Fact sheet | Sunshine Coast Hospital and Health Service \(connectivity.org.au\)](#)

The Children's Hospital at Westmead, Sydney Children's Hospital, Randwick and Kaleidoscope Children, Young People and Families (2024) - [Concussion and mild head injury factsheet | SCHN Site \(nsw.gov.au\)](#)

Yadav et al. (2016) [Chronic subdural haematoma](#). *Asian J Neurosurg*, 11(4), 330–342.

Module 4 - Preventative and Population Health

Looking after your body and mind by eating well, being active, getting vaccinated and avoiding risky behaviours – like smoking or drinking too much – can prevent many diseases and keep you healthy. We work to enable healthy living through supportive environments. Department of Health, 2021

Rural generalists have an important role in public health both through individual patient care and by engaging with public health issues at local, community and global levels. Adopting a population perspective to healthcare is an important part of modern general practice.

The following statistics are from health.gov.au:

Australian Bureau of Statistics and Australian Institute of Health and Welfare research has found that in Australia:

- 1 in 7 adults smoke daily
- 1 in 4 children and 2 in 3 adults are overweight or obese
- more than half of adults and 2 in 3 children don't meet the physical activity guidelines
- most people don't eat enough fruit and vegetables, and eat too much discretionary food.

Risk factors like these all increase the risk of developing ill-health. Almost half of Australians have one or more chronic conditions like diabetes, heart disease and cancer.

We can prevent many of these conditions from developing, or reduce their impact, by creating systems and environments that support people to live a healthy lifestyle.

A preventive attitude implies that we as doctors utilise the opportunity of each primary care consultation to modify the patient's health-seeking behaviour and promote health by relating the patient's present condition to previous unhealthy behaviour.

Topics covered in this module include:

- immunizations and at-risk populations
- prevention in the clinic
- including best practice care for preventative health in Aboriginal and Torres Strait Islanders
- cancer screening and genomics

Immunisations and at-risk populations

[ACRRM clinical bytes – Refugee Health](#)

[Australian Refugee Health Practice Guide](#)

Promoting Refugee Health A guide for doctors, nurses and other health care providers caring for people from refugee backgrounds, 3rd edition, April 2012, © Foundation House – The Victorian Foundation for Survivors of Torture Inc.

[Promoting Refugee Health: A Guide for Doctors, Nurses and Other Health Care](#)

[RACGP Good Practice – Refugee Health](#)

[Refugee Health — ASID | Australasian Society for Infectious Diseases](#)

[The Royal Children’s Hospital Melbourne Immigrant Health Service – Initial assessment](#)

[Victorian Refugee Health Network - clinical quicklinks](#)

Prevention in the clinic

[Aboriginal and Torres Strait Islander Health Assessment](#)

[Aboriginal and Torres Strait Islander Medicare enrolment and amendment form](#)

[Aboriginal and Torres Strait Islander Youth SEW Assessment](#)

Australian Indigenous HealthInfoNet (2023). Overview of Aboriginal and Torres Strait Islander health status 2022. Perth: Australian Indigenous HealthInfoNet, [Overview of Aboriginal and Torres Strait Islander health status - Health Facts - Australian Indigenous HealthInfoNet \(ecu.edu.au\)](#)

Australian Government, Close the Gap Report 2020: [Closing the Gap Report 2020 \(niaa.gov.au\)](#)

Australian Institute of Health and Welfare (2020a) Profile of Indigenous Australians. Retrieved from <https://www.aihw.gov.au/reports/australias-health/profile-of-indigenous-australians>

Australian Institute of Health and Welfare (2020b) Aboriginal and Torres Strait Islander Health Performance Framework 2020 summary report. Canberra: AIHW

[CARPA Standard Treatment Manual | RPHCM \(remotephcmmanuals.com.au\)](#)

[Commonwealth Closing the Gap Annual Report 2022 | National Indigenous Australians Agency \(niaa.gov.au\)](#)

Complete guidelines on the PIP-IHI can be downloaded here: [Indigenous Health Incentive for the Practice Incentives Program - Practice Incentives Program - Services Australia](#)

[Kimberley Mum’s Mood Scale \(KMMS\)](#)

[Kimberley Protocols and Guidelines](#)

Minymaku Kutju Tjukurpa – [Women’s Business Manual | RPHCM \(remotephcmmanuals.com.au\)](#)

National best practice guidelines for collecting Indigenous status in health data sets [National best practice guidelines for collecting Indigenous status in health data sets \(fullpublication; 16 May 2013 edition\) \(AIHW\)](#)- pages 9-11 cover how to ask about and record Aboriginal and/or Torres Strait Islander status.

NACCHO 2013: National Aboriginal Community Controlled Health Organisation (2013) Healthy Futures 2013-2030: NACCHO 10 point plan. Canberra: National Aboriginal Community Controlled Health Organisation, [Healthy Futures— Aboriginal Community Controlled Health Services Report Card 2016 \(hubspotusercontent10.net\)](#)

[National Close the Gap report](#)

[National guide for preventative health in Aboriginal and Torres Strait Islanders \(RACGP & NACCHO\)](#)

[Closing the Gap Pharmaceutical Benefits Scheme co-payment measure](#)

[Online education](#) including eLearning modules are available here on Australian Government payments and services for Aboriginal and Torres Strait Islander Australians

[PIP Indigenous Health Incentive – patient registration and consent form](#)

[PBS listings specifically for Aboriginal and Torres Strait Islander patients](#)

[Practice Incentive Payment – Indigenous Health Incentive \(PIP-IHI\)](#)

Queensland Health – [Aboriginal and Torres Strait Islander Patient Care Guideline](#)

Queensland Health – [Communicating effectively with Aboriginal and Torres Strait Islander people \(health.qld.gov.au\)](#)

RACGP [Identification of Aboriginal and Torres Strait Islander people in general practice](#)

[Registration for the PBS Co-payment measure](#)

Cancer screening and genomics

[Advice about familial aspects of breast cancer and epithelial ovarian cancer](#)(FRA-BOC Summary guide for health professionals)

Cancer Australia – Breast [Cancer Guidelines Cancer Australia Guidelines | Cancer Australia](#)

Department of Health – [Breast Screening BreastScreen Australia Program | Australian Government Department of Health and Aged Care](#)

[iPrevent | Cancer Australia \(Online calculator\)](#)

RACGP Red Book - Breast Cancer (9.3) [17048-Red-Book-9th-Edition.pdf \(racgp.org.au\)](#)

Sydney Cancer Genetics [Family History Assessment - Sydney Cancer Genetics](#)

The Royal Australian College of General Practitioner (RACGP)'s Red Book Chapter 9 - Prostate Cancer (9.1) [17048-Red-Book-9th-Edition.pdf \(racgp.org.au\)](#)

-

Module 5 - Emergency

As clinicians, we all deal with medical “emergencies” every day. They may not rate as emergencies in our assessment but, to our patients, they are an emergency. Hence the number of people presenting to emergency departments (EDs) with seemingly minor ailments.

Of course, there are other reasons why people present to EDs including inability to get a timely GP appointment for their ‘emergency’ and cost, or more precisely, the lack of cost to patients for publicly funded EDs.

So, what constitutes an emergency? The Oxford dictionary defines it as “a serious and unexpected situation involving illness or injury and requiring immediate action”.

In this module we will be covering topics including:

- Triage
- Shock
- Post resuscitation care
- Neurological medical emergencies
- Toxicology
- Endocrine emergencies
- Major trauma
- Cardiac arrhythmias
- Obstetric emergencies and sexual assault

Triage

Emergency Triage Education Kit. (n.d.). Retrieved from [Emergency Triage Education Kit | Australian Government Department of Health and Aged Care](#)

SCCM: Guidelines and Bundles. (n.d.). Retrieved from [SSC Guidelines and Bundles | SCCM](#)

Shock: MedlinePlus Medical Encyclopedia. (n.d.). Retrieved from [Shock: MedlinePlus Medical Encyclopedia](#)

The Royal Children's Hospital Melbourne. (n.d.). Retrieved from [Trauma Service : How are children different \(rch.org.au\)](#)

The Royal Children's Hospital Melbourne. (n.d.). Retrieved from [Clinical Practice Guidelines : Dehydration \(rch.org.au\)](#)

What is qSOFA? (n.d.). Retrieved from [qSOFA : What is qSOFA?](#)

Neurology, stroke and epilepsy

[Australian Commission on Safety and Quality in Health Care - Acute Stroke Clinical Care Standard](#)

[Brain Foundation - Stroke](#)

Cameron et al. (2015). *Textbook of Adult Emergency Medicine*. Churchill Livingstone Elsevier.

[Children's Hemiplegia and Stroke Association \(CHASA\) groups on Facebook](#)

Lindley, R. & Landau, P. (2004). [Early management of acute stroke](#). Aust Prescr, 27,120-3. doi: 10.18773/austprescr.2004.009.

[Stroke Foundation - Australian Stroke Guidelines](#)

Stuart, P. & Bament, J. (2017). [ABCs of Emergency Medicine](#) (8th ed.) Hindmarsh, South Australia: LearnEm Partnership.

Toxicology

[A-Clinicians-Guide-to-Venomous-Bites-and-Stings-2013.pdf \(unimelb.edu.au\)](#) Snake Venom Detection.

Australia Wide First Aid (2020). PRESSURE IMMOBILISATION TECHNIQUE. Retrieved from [Pressure Immobilisation Technique \(australiawidefirstaid.com.au\)](#)

Brain Foundation. (2020). Arteriovenous malformation. Retrieved from [Arteriovenous Malformation - Brain Foundation](#)

News Medical net (2020). What is Toxicology? Retrieved from [What is Toxicology? \(news-medical.net\)](#)

Murray L, Daly F, Little M, Cadogan M. *Toxicology Handbook* Churchill Livingstone

Paediatric FOAMed (2020). One Pill Killers. Retrieved from [One Pill Killers – PaediatricFOAM](#)

PediatricEducation.org (2020). What Are Common Toxidromes? Retrieved from [What Are Common Toxidromes? | Pediatric Case and Reference Article | Pediatric Education](#)

The Medical Journal of Australia (2020). Updated guidelines for the management of paracetamol poisoning in Australia and New Zealand. Retrieved from [Updated guidelines for the management of paracetamol poisoning in Australia and New Zealand | The Medical Journal of Australia \(mja.com.au\)](#)

The Royal Children Hospital Melbourne (2020). Safety: Button batteries. Retrieved from [Kids Health Information : Safety: Button batteries \(rch.org.au\)](#)

Endocrinology

Ghada Elshimy; Ricardo Correa. 2020. 'Myxedema.' StatPearls [Internet]. Treasure Island (FL): StatPearls Publishing; 2020 Jan. [Myxedema - StatPearls - NCBI Bookshelf \(nih.gov\)](#)

[Myxedema: Coma, Symptoms, Pictures, Treatments and More \(healthline.com\)](#)

[RACGP - Thyroid disease Long term management of hyperthyroidism and hypothyroidism](#)

Major trauma

Institute of Trauma and Injury Management (2020, October 29), Injury Severity Score, [Injury scoring | Institute of Trauma and Injury Management \(nsw.gov.au\)](#)

Low and Hulme (2014), ABC of *Transfer and Retrieval Medicine*, [ABC of Transfer and Retrieval Medicine | Wiley](#) BMJ Books.

Murray, Little, Pascu and Hoggett (2015) Toxicology Handbook (3rd Edition), Elsevier.

NSW Health (2017), Mass Casualty Triage – Smart Triage Packs, [Mass Casualty Triage – Smart Triage Packs \(nsw.gov.au\)](#)

RESUS.ME (2020, October 29), ANALYSING DIFFICULT RESUSCITATION CASES, [Analysing Difficult Resuscitation Cases | resusme](#)

Waldren, Hill and Barker (2012), Falls prevention in older adults - Assessment and management, Australian Family Physician Volume 41, No.12, Pages 930-935. [RACGP - Falls prevention in older adults – assessment and management](#)

Arrhythmias

ACLS Algorithm (October 2020), [ACLS and Adenosine. ACLS and Adenosine | ACLS-Algorithms.com](#)

Burns (2019) Pre-excitation Syndromes, [Pre-excitation syndromes • LITFL • ECG Library Diagnosis](#)

Circulation (2020), Part 7.3: Management of Symptomatic Bradycardia and Tachycardia, [Part 7.3: Management of Symptomatic Bradycardia and Tachycardia | Circulation \(ahajournals.org\)](#)

Fogoros (2020), Sinus Nodal Reentrant Tachycardia (SNRT) Symptoms and Treatment, [Sinus Nodal Reentrant Tachycardia Symptoms & Treatment \(verywellhealth.com\)](#)

heartrhythmalliance.org (October 2020), Inappropriate Sinus Tachycardia, [Inappropriate Sinus Tachycardia \(IST\) - Arrhythmia Alliance - UK \(heartrhythmalliance.org\)](#)

Larkin (2019) AV block: 3rd degree (complete heart block), [AV block: 3rd degree \(complete heart block\) • LITFL • ECG Library](#)

Mayo Clinic (October 2020), Supraventricular tachycardia, [Supraventricular tachycardia - Symptoms and causes - Mayo Clinic](#)

Nickson (Nov 3, 2020), [Ventricular Tachycardia, Ventricular Tachycardia • LITFL • CCC Cardiology](#)

Nickson (Mar 1, 2023), [Bradycardia DDX, Bradycardia DDX • LITFL • CCC Differential Diagnosis](#)

Nickson (Nov 3, 2020), [High-dose Insulin Euglycaemic Therapy, High-dose Insulin Euglycaemic Therapy • LITFL • CCC Toxicology](#)

O&G

Adult Deterioration Detection System (ADDS) chart with blood pressure table: [Adult Deterioration Detection System \(ADDS\) chart with blood pressure table | Australian Commission on Safety and Quality in Health Care](#)

Australian Government Clinical Practice [Guidelines: Guidelines | NHMRC](#)

Australian Institute of Health and Welfare (AIHW):

- Report on [Maternal Deaths in Australia: Maternal deaths in Australia, About - Australian Institute of Health and Welfare \(aihw.gov.au\)](#)
- Overview of Perinatal Deaths: [Australia's mothers and babies: Stillbirths and neonatal deaths - Australian Institute of Health and Welfare \(aihw.gov.au\)](#)

Australian Royal Commission into Institutional Responses to Child Sexual Abuse - Final report - volume 4 - [Identifying and disclosing child sexual abuse: Identifying and disclosing child sexual abuse | Royal Commission into Institutional Responses to Child Sexual Abuse \(childabuseroyalcommission.gov.au\)](#)

Australian STI Management Guidelines for use in Primary Care: [Young people - STI Guidelines Australia](#)

Avant - When adults report past child sexual abuse: Clarifying your obligations: [Reporting sexual offences in children need to know - Avant by doctors for doctors](#)

Doctors Health Advisory Service: [Doctors' Health Advisory Service - Telephone Help Line to offer personal advice to practitioners and students facing difficulties \(doctorshealth.org.au\)](#)

Doctors Health Advisory Service NZ: [Other State and Territory services | Doctors' Health NSW \(doctorshealth.org.au\)](#)

John Hopkins Medical Stages of Labour Labor | [Johns Hopkins Medicine](#)

King Edward Memorial Hospital Guidelines WA Health: [King Edward Memorial Hospital - Clinical Guidelines \(health.wa.gov.au\)](#)

Mater Mothers GP Maternity Share Care guidelines: [MM Maternity Shared Care Guidelines Jun2022.pdf \(materonline.org.au\)](#)

RANZCOG Clinical Guidelines: [Statements and guidelines directory - RANZCOG](#)

RANZCOG Routine antenatal assessment in the absence of pregnancy complications: [Routine antenatal assessment in the absence of pregnancy complications \(ranzcof.edu.au\)](#)

Royal Australian College of General Practitioners White Book - Abuse and Violence - Working with our patients in General Practice - Resources by State: [RACGP - Abuse and violence - Working with our patients in general practice](#)

South Australian Perinatal Practice Guidelines: [Perinatal Practice Guidelines | SA Health](#)

Queensland Health Guideline for neonatal resuscitation [Guideline: Neonatal resuscitation \(health.qld.gov.au\)](#)

Queensland Health Guideline for normal birth: [Guideline: Normal birth \(health.qld.gov.au\)](#)